



# Huntington Beach Hospital



IMPLEMENTATION PLAN TO MEET IDENTIFIED  
COMMUNITY HEALTH NEEDS 2022

## **FOREWORD**

The Huntington Beach Hospital (HBH) *Implementation Plan to Meet Identified Community Needs 2022* outlines the hospital's plans to address community needs as documented in HBH's *Community Health Needs Assessment 2022*.

Huntington Beach Hospital, in accordance with requirements of the Affordable Care Act, prepares a Community Health Needs Assessment (CHNA) every three years. The full 2022 CHNA report can be found elsewhere on HBH's website. This *Implementation Plan to Meet Identified Community Needs 2022* (Implementation Plan) addresses the needs identified in the CHNA and outlines HBH's plans to meet those needs to the extent considered achievable.

The Implementation Plan report first reviews the previous Implementation Plan prepared in 2018 and lists HBH's efforts to address the needs found during that CHNA process. Following that review, the needs developed during the 2018 CHNA process are listed, along with HBH's plans to address those needs. The plans will be reviewed annually, and adjustments may be made if conditions warrant.

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## ABOUT HUNTINGTON BEACH HOSPITAL

Founded in 1967, Huntington Beach Hospital is a 131-bed, not for profit, acute-care community hospital, and member of the Prime Healthcare Foundation, a 501(c)3 public charity.

We believe exceptional healthcare should be a part of every community. As the only hospital in Huntington Beach, Huntington Beach Hospital is proud to be the community hospital serving the residents of Huntington Beach and the surrounding area for the past 50 years. Fully accredited by the Joint Commission, and with nearly 200 physicians and more than 400 healthcare and other professionals on staff, our highly qualified team is committed to providing outstanding service in a safe, comfortable and caring environment.

Patients treated at Huntington Beach Hospital benefit from the expertise of a large hospital system in a smaller, more personal setting.

### Our Mission

To deliver compassionate, quality care to patients and better healthcare to communities.

### These are our Values

1. **Quality** -We are committed to always providing exceptional care and performance.
2. **Compassion** - We deliver patient-centered healthcare with compassion, dignity and respect for every patient and their family.
3. **Community** - We are honored to be trusted partners who serve, give back and grow with our communities.
4. **Physician Led** - We are a uniquely physician-founded and physician-led organization that allows doctors and clinicians to direct healthcare at every level.

### Huntington Beach Hospital Board of Directors

Huntington Beach Hospital's Governing Board is comprised of community members, physicians, and hospital administrative leaders.

- **Dan Brothman, MBA** Chief Executive Officer & Chairman of the Board
- **Sunny Bhatia, M.D.**, Regional Chief Medical Officer

## IMPLEMENTATION PLAN TO MEET COMMUNITY HEALTH NEEDS 2022

- **Mark Bell, M.D.**, Physician Member
- **Mylinh Bui**, Regional Chief Financial Officer – Administrative Member
- **Richard Guerrero, MD**, Chief of Staff
- **Khaled Chan, MD**, Past Chief of Staff
- **Patricia Cody, MBA, BSN, RN** Chief Nursing Officer – Administrative Member
- **Cathy Green**, Community Member
- **Michael Mahdad, MD**, Physician Member
- **Joseph Nassir, MD**, Physician Member
- **Timothy Ryan, Esq.**, Community Member
- **Scott Haberle**, HB Chief of Fire– Community Member

### **Huntington Beach Hospital Executive Leadership**

- **Dan Brothman, MBA** Chief Executive Officer
- **Patricia Cody, MBA, BSN, RN**, Chief Nursing Officer
- **Mylinh Bui**, Regional Chief Financial Officer

### **Huntington Beach Hospital Medical Leadership**

- **Sunny Bhatia, M.D.**, Regional Chief Medical Officer
- **Richard Guerrero, MD**, Chief of Staff

## **IMPLEMENTATION PLAN REVIEW 2022**

HBH has provided services and support for needs identified in the 2018 Community Health Needs Assessment. This portion of the Implementation Plan outlines the work done and still in progress to meet those needs. HBH will continue to enhance existing services while implementing new ideas and programs. The hospital's responses and ongoing services are listed in below.

### **Mental Health Services**

HBH was one of Orange County's hospitals with an existing Acute and Geriatric Psychiatric wings providing 47 beds designated to allow the hospital to operate locked units for patients admitted under the state's 5150 designation. This allows the hospital to offer a comprehensive range of inpatient services for

## **IMPLEMENTATION PLAN TO MEET COMMUNITY HEALTH NEEDS 2022**

mental health. HBH currently provides services reaching out to community resources and linking clients with appropriate providers. Among the programs and services available:

- Acute inpatient mental health care
- Gero-psych services both inpatient and outpatient -
- Referral services to community mental health and social services providers to provide continuity of services on discharge -
- Referrals to step-down residential treatment providers for clients needing additional institutional care following acute episodes with programs in place, HBH continues to develop new relationships with additional providers
- Development of care protocols for clients discharged from inpatient services which include but aren't limited to, existing protocols continuously being updated to address changes in client needs, following new standards and regulations as well as improved innovations in service practices
- For clients with transportation problems, every avenue is researched to provide the safest venue of transportation, including taxi vouchers, bus passes and when available healthcare uber app.

HBH has continued its ongoing programs to interact with other providers to enhance coordination of services. Incremental services over the past three years include:

- Designated by OC Health Care Agency for 5150 Inpatient Psychiatric Holds, which allows the hospital to provide secure care for designated patients, and add to the list of psychiatric services available in one facility
- Continue to work with local social service providers to better integrate services for homeless and substance abuse clients to aid in their return to full function in the community. HBH is working closely with the city's Homeless Task Force, which follows up with support and services for those who are experiencing homelessness, the Be Well program and the Illumination Foundation Recuperative Care. HBH has received a grant for a Substance Abuse Navigator who will work with patients in the ED helping them with resources within the community.
- Explore additional coordination opportunities with residential providers to assist clients in transitioning back to the community with ongoing, expanding search for social service providers to expand use of community resources to aid clients in reintegrating into the community.

### **Community Education / Awareness**

HBH's services in the community have been varied. They include sponsorships of various community activities, providing support for social service and healthcare agencies, and direct education programs offered both in the hospital and at other sites.

### **Community Activities Sponsored -**

- Constable Classic Police Association Tournament
  - American Red Cross Blood Drive
  - Huntington Beach Council on Aging (HBCOA) Senior Saturday
  - Boys and Girls Club Gala
  - Great Balls of Fire Firefighters Tournament
  - Spurgeon Award Luncheon Explorer Program
  - Provision of Thanksgiving Meals to homebound Seniors in HB in coordination with Rodgers Senior Center and HBCOA
  - HBCOA Annual Senior Health Fair
  - HBCOA General Board Membership

### **Social Service and Healthcare Agency Support -**

- Base Hospital for Orange County Emergency Medical Services
- Monthly Meetings National Alliance on Mental Illness of Orange County (NAMI)
- Monthly Meetings Depression and Bipolar Support Alliance (DSBA)
- Huntington Beach Council on Aging
- Huntington Beach Coordinating Council

### **Direct Education Support -**

- American Career College -Respiratory Therapy Students
- Chapman University— Pharmacy Students
  - Concorde Career College-Licensed Vocational Nursing Students
  - CNI College - Registered Nursing Students
  - Golden West College-Registered Nursing Students
  - Orange Coast Community College— Radiology Technician Students
  - Stanbridge College— Registered Nursing Students
  - West Coast University - Registered Nursing Students

### **Plans for Continuing Education and Awareness**

- Continue to support the organizations listed

- Support two new community organizations' health fairs/education programs in local ethnic communities – HBCOA Annual Senior Health Fair & HBH Annual Health Fair
- Develop a speakers bureau to provide education at community business and social organization meetings – Annual January TBD Robert Meyer Leadership Academy – Speaking Engagement/ Day Sponsor

### **Older Adult Health**

The *Orange County Health Improvement Plan* identified Older Adult Health as a Priority Area #2 in its goals for a healthier Orange County. HBH has been actively working with older residents in several health-related areas, including:

- Gero-Psychiatric Services
- Chronic Disease Management – to include but not limited to improvements to assist residents in managing care in home settings
- Coordination of care upon discharge from hospital -to include but not limited to, improvements to assist residents manage their care upon returning home.
- Education focused on the needs of the elderly – to include but not limited to, local community Senior Fairs and in-house education programs.
- Direct involvement with seniors' groups, including; HBCOA o Rogers Senior Center blood pressure checks and Thanksgiving meals programs o Huntington Beach Coordinating Council Senior Expo o All programs continuing in operation o Plans for additional programs include: As determined by the facility
- Reach out to ethnic community service organizations to offer education and preventive services to their senior populations
- Develop and disseminate evidence-based programs for chronic disease management to include new education programs for Diabetes, obesity and falls prevention.
- Increase preventive screening programs for chronic diseases of the elderly which are offered at community health fairs.



## PLANS TO MEET COMMUNITY HEALTH NEEDS - IMPLEMENTATION PLAN 2022

In February 2022, Huntington Beach Hospital began a Community Health Needs Assessment for Orange County and sought input from persons who represent the broad interests of the community using several methods:

- Information gathering, using secondary public health sources, occurred in February and March 2022.
- Community members participated in focus groups and individual interviews for their perspectives on community health needs and issues on March 7 and 8, 2022.
- A Community Health Summit was conducted on March 24, 2022, with community stakeholders. The audience consisted of healthcare providers, business leaders, government representatives, schools, not-for-profit organizations, employers, and other community members.

### PRIMARY COMMUNITY NEEDS – Interview and Focus Group Results

Community stakeholders representing the broad interests of the community as well as those representing low income, medically underserved, and minority populations participated in individual interviews and focus groups on September 10, 2021, for their input into the community's health. Community participation in individual interviews represented a broad range of interests and backgrounds. Below is a summary of the focus groups and interviews.

#### 1.How do you define health?

- Physical, emotional, psychological
- Being physically healthy, keeping active. People are more private could about their mental health
- Whatever people say it is. The highest level of function possible. psychological, physical, emotional balance.
- Multifaceted, physical, mental, social, spiritual health, all inter-related
- Housing is health
- Anything that impacts quality of life
- Ability for people to continue their daily activities

#### 2.For the purposes of this Community Health Needs Assessment, the community is Orange County, generally, how would you describe the community's health?

- Healthy
- The community is pretty healthy
- In the city, good health, however room for improvement
- People are sicker due to delaying care
- COVID made people's health worse
- Drugs have harmed well-being
- Overall aging and out of shape

## IMPLEMENTATION PLAN TO MEET COMMUNITY HEALTH NEEDS 2022

**3.What are the most significant health issues for the community today?**

- Mental health –depression due to COVID, unhoused with mental health issues, dementia and Alzheimer’s disease, hard to place patients, mental health and drug issues go hand in hand
- Access to care –primary care and post-hospital care, non-English speakers
- Chronic diseases –diabetes, heart disease, respiratory disease
- Cultural issues –Hispanic, Korean, East Indian less trust

**4.What are the most significant health issues facing various populations including medically underserved and low-income populations?**

- Access to care –long waits to access care, using ER for primary care, transportation for older adults
- Misinformation and lack of trust –reticent to give personal information, education on insurance available
- Substance misuse –drugs and alcohol
- Mental health
- Chronic diseases –diabetes, CHF, renal failure, undiagnosed cancer

**5.What are the most significant health issues facing the minority populations?**

- Language barriers
- Chronic diseases –some populations have higher risk for diabetes, hypertension
- Immigration status –lack of trust

**6.What are the most important health issues facing children?**

- Mental health –stress, anxiety, isolation, bullying, social media
- Childhood trauma
- Access to care –pediatric services not available at all hospitals, dental, vaccinations
- Substance Use –drugs, vaping, marijuana
- Diet, nutrition, exercise –game playing, sedentary, expensive healthy food, cheap unhealthy food
- Others –short attention spans, instant gratification

**7.What are the most important health issues facing seniors?**

- Isolation, anxiety, fear, socialization –drug and alcohol consumption, depression
- Financial insecurity –cost of healthcare, home ownership, high taxes, older homeless women
- Chronic diseases –cardiovascular (heart) health, dementia, cancer, diabetes
- Varied health –some are very healthy and active

**8.The community performed a CHNA in 2019 and identified priorities for health improvement**

Huntington Beach

- a.Mental health
- b.Community education/awareness of services
- c.Older adult health
- d.Substance abuse

**What has changed most related to health status in the last three years?**

- None are better
- All are still issues

- Due to COVID, most have gotten worse
- Unhoused population especially seniors are additional

#### Huntington Beach

- a. Mental health
- b. Community education/awareness of services
- c. Older adult health
- d. Substance abuse

#### La Palma

- a. Senior's health
- b. Mental health
- c. Diabetes
- d .Obesity/diet
- e. Home health/preventative care

### **9.What, if any, health issues or inequities did the Covid-19 pandemic expose in the community?**

- We can be better prepared next time
- Need more health resources outside the hospital
- Need preparation for the next disaster, such as an earthquake
- Wearing masks helps prevent a range of illnesses
- Exposed cultural value differences globally
- Thinking as a community is beneficial more so than individuals
- People need a medical home

### **10.What behaviors have the biggest impact on community health?**

- Substance misuse –drug use, driving while intoxicated
- Burn out lifestyle –technology, news, overworked, culture
- Nutrition –fresh fruit and vegetables
- Exercise –sedentary lifestyle
- Others –delayed care

### **11.What environmental factors have the biggest impact on community health?**

- Safe places to exercise –gang activity, those with mental health issues in parks
- Commute times –traffic, transportation
- Air quality -wildfires
- Healthcare professional shortage –nurses, physicians, EMTs
- Fast food -prolific
- Housing –need stable housing

### **12.What do you think the barriers will be to improve health in the communities?**

- Cost/money –lower cost healthcare, lawsuits, to have weight loss, diabetes, exercise classes and programs
- Transportation
- Culture -negativity, slow down, immediate gratification
- Clinical staffing –retiring physicians and clinicians
- Unhoused population

**13.What community assets support health and wellbeing?**

- Great places to exercise
- Many services for seniors
- Community-focused services and organizations
- Resources for the unhoused
- EMS, Fire Department, hospitals
- Others –learn what needs there are, Disneyland educating on trafficking

**14.If you had a magic wand, what improvement activity should be a priority for Orange County to improve health?**

- Increase access to preventive, urgent care, nutritionists, remove complications to access healthcare, make insurance uniform with free gym memberships and transportation
- Increase information and education on health, screenings and insurance. Communicate like AARP
- Add facilities and programs for behavioral health and substance misuse so all people can receive treatment
- Decrease violence
- Provide housing for those with no housing
- Provide preschool and Head start for low income (but raise the income limit)
- Others –disaster drills, ask the front-line people how to fix things, return to a sense of normalcy, spread kindness

**PRIORITY NEEDS IN THE ORANGE COUNTY HEALTH IMPROVEMENT PLAN 2022**

**Prioritization Criteria**

At the Community Health Summit, the attendees reviewed the community health information and used the criteria below to prioritize the health needs in the community.

<p><b>Magnitude / scale of the problem</b></p>	<p>How big is the problem? How many people does the problem affect, either actually or potentially? In terms of human impact, how does it compare to other health issues?</p>
<p><b>Seriousness of Consequences</b></p>	<p>What degree of disability or premature death occurs because of this problem? What would happen if the issue were not made a priority? What is the level of burden on the community (economic, social or other)?</p>
<p><b>Feasibility</b></p>	<p>Is the problem preventable? How much change can be made? What is the community's capacity to address it? Are there available resources to address it sustainably? What's already being done, and is it working? What are the community's intrinsic barriers and how big are they to overcome?</p>

The following needs were prioritized by attendees at the Community Health Summit. Using a nominal group technique, each attendee received three sticky notes and

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selected their top three health needs and posted their ideas on paper at the front of the room.

- 1.Substance misuse
- 2.Mental health
- 3.Housing (affordable)/access to health for unhoused population
- 4.Diabetes
- 5.Education

### **Significant Health Need 1: Substance Misuse**

Schools are a good place to start to decrease substance misuse. Schools provide continuous education, support and resources to keep kids off drugs

- Renew the DARE program
- Limit access to substances
- Substance abuse is a symptom of the loss of values and parental supervision
- Some parents enable their children to use drugs
- The La Palma Police Department is partnering with La Palma Hospital to educate kids about results of using drugs

*Resources/Collaborators Needed: La Palma Police Department, Huntington Beach Police Department, schools*

### **Significant Health Need 2: Housing**

- Increase affordable housing
- Decrease homeless children
- Provide healthcare for the unhoused populations
- Go to them, meet them where they are
- Partner with Be Well OC to get patients care outside the hospital

*Resources/Collaborators Needed: Project HOPE, Illumination Foundation, Be Well OC*

### **Significant Health Need 3: Mental Health**

Once the stakeholders had prioritized the most significant health issues, we discussed what might be done to improve the health issue. Below are notes from the brainstorming.

- Provide counselors in early elementary school
- Western civilization romanticizes individualism as opposed to community which can negatively impact mental health
- Focus on counselling students in college
- Utilize filters for kids using electronic media. Some online media promotes violence and supports bullying.

*Resources/Collaborators Needed: Elementary schools, colleges, parents*

### **Significant Health Need 4: Diabetes**

Educate people on the causes and results of diabetes

- Hold health fairs for screening, testing
- Teach kids about nutrition and exercise
- Fast foods are cheap and unhealthy but healthier food is more expensive

## **Significant Health Need 5: Education**

- Educate people on the causes and results of diabetes
- Hold health fairs for screening, testing
- Teach kids about nutrition and exercise
- Fast foods are cheap and unhealthy but healthier food is more expensive
  
- The way to health is through income and education
  - Improve our education system
    - o Writing skills
    - o Communication and interpersonal skills
  - Improve teaching

*Resources/Collaborators Needed: Elementary schools, colleges,*